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MISSION STATEMENT

Lake Hills Montessori's mission is to provide a safe, loving, accepting and stimulating environment for all children. We celebrate racial, ethnic and religious diversity and believe all differences in each child make our environment richer. We believe that all children are capable of learning. We create a noncompetitive atmosphere where each child can enjoy success in appropriate learning experiences at their developmental level. We adhere to the unique Montessori philosophy of education, which enables the students to become confident, competent and enthusiastic learners for life.

ADMISSIONS PROCEDURES

At Lake Hills Montessori, we do not discriminate, but encourage racial, ethnic, religious, and economic diversity in our student body. Our acceptance decisions are determined by the degree that our Montessori program can meet the needs of each individual child. We also strive to maintain equilibrium between gender and age level in every classroom in order to create a well-rounded group of children.

Lake Hills Montessori may, at its discretion, dismiss or suspend a student at any time if the student fails to conform to regulations established by Lake Hills Montessori; or if a parent or guardian fails to assist Lake Hills Montessori in the implementation of its policies.

Eligibility

Children must be at least 2 years old for admission. Primary children must be **at least two years, nine months and toilet trained**. Siblings of current students and Montessori transfer students receive preference.

Parent School Visits

We require parents to schedule a time to visit the school at which time you are able to observe the children in the classroom setting so that you may experience the Montessori learning environment and observe the interactions between teachers and students.

After your child is enrolled and acclimated/normalized to the Montessori classroom, we have an open door policy to parents. You are welcome in our school at any time during the day; we do ask that you refrain from visits during nap time as this can be disruptive to our sleepers.

INTERVIEWS & ADMISSIONS DECISIONS

A teacher will interview every child over the age of four who would like to be considered for admission into Lake Hills Montessori. You will be contacted by the teacher in order to schedule an interview for your child after we receive your completed application. Please note that during the school year we only interview for vacant positions once they become available. Hence, if you apply for a position mid-year, you may not be contacted right away for an interview. In addition, parents will be required to observe in the classroom for two hours, one alone and one with your child. All children should visit prior to enrolling.

ARRIVAL & DISMISSAL

Arrival: All children must arrive at LHM between 7:30 – 8:15 am. School begins promptly at 8:30 am. Early arrivals are preferred and easier for your child to start his/her day. It is important for your child to arrive on time to ensure your child's participation in all classroom activities. On time arrivals allow teachers the opportunity to greet each child and welcome them to the classroom. When children are late they can be a disruption as well as their sense of order can be disrupted and can get the day started off "on the wrong foot". Late arrivals also disrupt the classroom community, the work of the other children and the teacher. **Last drop off is 8:30 am.** Therefore, we consider consistent late arrivals problematic. Teachers or directors will speak with parents directly if this is a problem. We depend on your family's full support in this area. If your child will be arriving after 9:00 am a doctor's note is required.

Dismissal: All children must be picked up promptly at their designated dismissal time: 12:00 pm, 3:00 pm or 6:00 pm. We understand that emergencies and extenuating circumstances periodically arise which are beyond your control. You will be charged \$10 per hour, this will not be prorated therefore, if you use 10 minutes of the hour you will be charged the same amount as you would if you use 50 minutes of the hour. Late fees can be added to your tuition or paid separately.

Your child may be released only to people listed on your enrollment form. Exception to this would be a written note from you giving permission to release your child to another designated person. In the case of emergency, you may authorize someone to pick up your child over the phone, if LHM staff is able to verify your identity. LHM staff will ask anyone unfamiliar picking up your child to provide identification.

ATTENDANCE

Consistent attendance is important. The children who benefit most from the prepared environment are those who attend regularly. There are several reasons for this:

- A consistent routine provides security for the young child. This enables the child to learn more readily.
- A child's experiences in the classroom and with the materials are cumulative; consistent attendance bolsters learning.
- your own commitment to your child's presence in school affirms the importance of school and learning.
- Intermittent attendance or periods of long absence can affect both your child's adaptation to school and learning. It is important for your child to attend regularly in order to fulfill your child's need for consistency and order. This also enables your child to participate fully in class lessons and other learning experiences.

Parents must contact the school when a child is absent.

Please sign your child in and out each day, the roster will be on a clipboard outside your child's classroom. It is your responsibility to sign in and sign out your child **each day** which will keep us in compliance with state requirements.

BIRTHDAYS

Children enjoy celebrating their birthdays with friends at school. We celebrate each child's birthday during group time on a day that is prearranged with the parents. You may send a special treat for the class to enjoy at snack time on your child's birthday. Parents are invited and strongly encouraged to attend their child's birthday celebration. In our birthday celebration, we like to show pictures to the class of the birthday child as she/he was growing up. Therefore, we ask that you send a photo of your child at birth, when she/he was one year old, two years old, three year old, etc.

If you are planning a home party for your child, and do not intend to invite the whole class, invitations must be mailed to the individuals home or placed in parent folders. Please do not put invitations in the children's class folders. Also, please do not send gifts to school.

COMMUNICATION GUIDELINES

We at LHM believe that concerns a parent may have are best addressed and resolved through direct and open discussion. We encourage parents to speak directly with a teacher regarding a particular issue related to a classroom situation. If the parent does not feel that the issue has been effectively resolved after speaking with the teacher, or if there is a particular sensitivity, the parent should make an appointment or email the Director. The Director will then report the particulars of the concern to the teacher and hear the teacher's response. After assessing the complaint and the response, the Director will determine what action, if any is necessary. The Director will inform the parent and the teacher of the proposed plan of action. Such actions may include but are not limited to a meeting between the teacher and the parent; a meeting among the teacher, the Director, and the parent, or further meetings between the Director and the teacher.

Please know that we want to communicate with you! Teachers only have time for quick conversations with parents during arrival and dismissal, as all of their energy must be focused on the safety and well being of the children. You may find it helpful to write a note to your child's teacher to provide any information regarding your child's particular needs, each teacher has a note pad hanging next to the sign in/out sheet in her/his classroom. Further communication is welcomed and encouraged outside of class time. Please feel free to schedule a conference with your child's teacher. You may also discuss any immediate needs or concerns with the Director.

COMMUNICABLE DISEASES

If your child has a communicable or contagious disease, please contact LHM right away so that we can alert the parents of other students who may have been exposed. Children with communicable diseases may not attend school until the disease is no longer contagious. We may ask for written notification from your child's doctor to return to school.

DAILY SCHEDULE*

*Please see classroom bulletin board for individual classroom schedules

DISCIPLINE

Discipline is approached in a positive manner. Teachers model appropriate behavior, extend encouragement, and provide the children with positive choices. Our goal is to promote effective problem solving techniques for the children and to help them take responsibility for and learn from their actions. Discipline at LHM does not involve corporal punishment, humiliation, verbal abuse, or other forms of cruel or severe punishment. Aggressive behavior i.e. biting, kicking, hitting is not acceptable and could result in asking you to pick up your child immediately.

LHM is licensed by the state of Texas and while we feel our discipline policy is appropriate and adequate the state requires that we give all parents the following information: The guide lines for discipline and guidance as mandated by TXDPRS are as follows:

Discipline must be: individualized and consistent for each child, appropriate to the child's level of understanding and directed toward teaching the child acceptable behavior and self control. A care giver may only use positive methods of discipline and guidance that encourages self-esteem, self-control and self directions, which include at least the following: using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior; reminding a child of behavior expectations daily by using clear, positive statements; redirecting behavior using positive statements and using brief supervised separation or time out from the group when appropriate for the child's age and development which is limited to one minute per year of the child's age. There must be no harsh, cruel or unusual treatment of any child. The following types of discipline are prohibited: corporal or threats of corporal punishment; punishment associated with food, naps, or toilet training; pinching, shaking or biting a child; hitting a child with hand or instrument; putting anything in or on a child's mouth; humiliating, ridiculing, rejecting or yelling at a child; subjecting a child to harsh, abusive or profane language; placing a child in a locked or dark room, bathroom or closet with door closed and requiring a child to remain silent or inactive for inappropriately lone periods of time for the child's age.

EMERGENCIES

In the event that your child is involved in an emergency situation, he or she will be brought to the school office and receive the appropriate care. You will be notified immediately. If necessary, we will send your child to the nearest hospital in an ambulance, accompanied by at least one member of LHM faculty. We will send the medical consent form, signed by his/her parent, with the child to ensure immediate treatment. It is **imperative** that parents keep all emergency information updated.

EMERGENCY DRILLS

At LHM, we will have regularly scheduled emergency drills. These drills will include a fire drill once a month and a tornado or disaster drill once every six months. This is a great opportunity to instill safety awareness in the children.

FIELD TRIPS

During June, July and August we have "In House Field Trips " which aren't trips away from the school, rather they are performances (ex: zoo show, puppet show) at our school. If we plan to go off campus you will be notified in advance and are encouraged to help chaperone and each child must have a signed permission slip for each trip.

HOLIDAYS 2010/2011

August 2, 2010	First Day of School
September 6, 2010	Labor Day (Student Holiday)
September 9, 2010	Parent Orientation *attendance required
September 10, 2010	Teacher In-Service (Student Holiday)
September 11, 2010	Teacher In-Service
September 21, 2010	Vision and Hearing Screening
September 28, 2010	Student Photos
October 11, 2010	Fall Festival (student ½ day time TBA)
November 23, 2010	Thanksgiving Tacos (Student early release @ 12pm)
November 24 – 26, 2010	Thanksgiving Break (Student Holiday)
December 17, 2010	Holiday Pot Luck Brunch (Student early release @ 12pm)
December 20 – 31, 2010	Winter Break (Student Holiday)
January 3, 2011	Teacher In-Service (Student Holiday)
January 4, 2011	First Day After Break
January 17, 2011	MLK Day (School Closed)
February 14, 2011	Valentine's Day Class Party
February 21-22, 2011	Parent/Teacher Conferences (Student Holiday)
March 14-18, 2011	Spring Break (Student Holiday)
April 22, 2011	Good Friday (Student Holiday)
May 2-6, 2011	Teacher Appreciation Week
May 6, 2011	Mother's Day Tea Party
May 26, 2011	Transition Celebration
May 27 & 31, 2011	Teacher Work Days (Student Holiday)
May 30, 2011	Memorial Day (Student Holiday)
June 1, 2011	Summer Camp Begins
June 17, 2011	Father's Day Breakfast
July 4, 2011	4 th of July (Student Holiday)
August 17, 2011	End of Summer Camp/Early Dismissal
August 18-19, 2011	Teacher Work Days (Student Holidays)
August 22, 2011	Welcome All Students
September 5, 2011	Labor Day (Student Holiday)
September 6, 2011	First Day of 2011/2012 School Year

FINANCIAL INFORMATION

2010/2011 School Year

Pre-Primary		Primary	
7:30 am – 12:00 pm	\$725/mo	7:30 am – 12:00 pm	\$625/mo
7:30 am – 3:00 pm	\$825/mo	7:30 am – 3:00 pm	\$725/mo
7:30 am – 6:00 pm	\$925/mo	7:30 am – 6:00 pm	\$825/mo
		Extended Work Period	\$100/mo

FINANCIAL POLICIES

The school operates on a planned budget and must meet its many financial obligations promptly. It is the responsibility of parents to pay all tuition and other charges incurred on or before the 5th of each month. Late fees in the amount of \$5 per day will be assessed beginning on the 6th of the month. When withdrawing; 30 days written notice is required. Lake Hills Montessori will not refund or reduce any part of the tuition or other charges because of dismissal, absence, or withdrawal of a student either before or during the school year. Lake Hills Montessori may suspend or dismiss a student if tuition and other charges have not been paid by the specified due date. When changing from one pick up time to another, 30 days notice is required.

Payment Procedures: On the front porch you will find a two drawer filing cabinet. Your family will have a folder alphabetized by child’s last name. On the first of each month a tuition statement will be placed in your folder. It is your responsibility to take your statement out and place a check in the tuition box, located on the wall on the front porch, for the amount specified on the statement. Many families participate in the “Tuition Express” program, which is an automatic draft program (ACH debit) out of your bank account. We encourage families to do this; it has proven to be safe and efficient. Enrollment forms are available in the office.

REGISTRATION & FEES

After a child’s acceptance and payment of \$200 application fee has been received, parents must complete, sign, and return all enrollment forms to LHM before your child’s first day of attendance. This \$200 application fee is non-refundable.

An annual supply fee of \$400 per child is assessed; you can either pay in full September 1st or break this into two payments of \$200 due in September and January. Summer program will have an additional supply fee due in June.

There is a \$35 fee for each returned check. If LHM receives more than one returned check per family, we reserve the right to request the parents to pay on a cash basis.

There are no refunds given for vacations, illnesses, absences, or holidays, as the school must continue to meet all expenses incurred for the operation of the facility.

ILLNESS

Children with a fever of 100 degrees or greater must be kept at home until they are fever-free (without fever reducing medication) for 24 hours. LHM reserves the right to send your child home, if in the judgment of the faculty; your child is contagious to other children, too ill or uncomfortable to be in school, or unable to participate effectively in class activities. We will call and inform you of your child's illness and you must arrange to pick up your child **within 60** minutes. If you are unable to pick up your child, you will need to contact someone to pick her/him up at the school.

If your child is recovering from an illness and you do not feel that he/she can fully participate in our special programs and outdoor play, please keep your child at home. We are staffed so that we may provide a clean and safe environment for a collective group of children and are not able to take time out to provide individual attention for ill children during these activities.

IMMUNIZATIONS

At the time of enrollment, LHM and the State of Texas require that you to provided one of the following:

- a copy of your child's immunization records which must be current at the time of enrollment and updated as new immunizations are added.
- an affidavit of the exemption from immunizations for reasons of conscience. Your may request this from TXDHS, immunization branch.

MEDICATION

We do not dispense medication at school. If your child needs medication during the day, you will need to arrange for him or her to receive it from someone other than a Lake Hills Montessori staff member.

INJURIES

Staff at LHM will make every effort to ensure the safety of your child while in our care. Unfortunately minor accidents may occur. We will notify you if your child has an illness or accident. Parents are responsible for all medical bills that may occur. In case of a serious accident, we will contact you immediately. If we are unable to reach you by telephone, we will contact the person listed on your enrollment form. If we are unable to reach your emergency contact person, we may take your child to the nearest hospital.

LICENSE

LHM is fully licensed by the Department of Protective and Regulatory Services. We are currently a level 3 facility, which is the highest ranking given to a child care/school. It is our responsibility to maintain the minimum standards published by TXDPRS (phone #834-3195 website: www.dfps.state.tx.us (most recent reports are on line): also the child abuse hot line is 1-800-252-5400).

LUNCH & SNACK

Children who are picked up after 12:00 each day will need to bring a lunch Monday – Friday. LHM is not responsible for the nutritional value of your child’s meals or for meeting your child’s daily food needs. However we do place great emphasis on the importance of good nutrition as the first step in lifelong wellness. It is important to send their lunch in a labeled (with his/her name) insulated lunch box, it is best if this is a container they can open. We encourage the use of thermoses for hot/cold items and reusable freezer packs to keep perishables fresh.

We want the children to eat well the challenge is to help them discover that wholesome, sugar-free foods can taste even better than junk food and don’t have the negative effects on our bodies. With younger children, it is a good idea to prepare food in small, easy-to-handle servings such as; cutting sandwiches into quarters, slicing up fresh fruit, and preparing bite sized slices of cheese.

Suggested lunch items include but are not limited to:

- Finger Sandwiches: Ham & Cheese, Tofu, Tuna/Chicken/Egg Salad, Cheese
- Tortillas wraps with Cream Cheese, Ham & Cheese, sliced Hot Dogs, Chicken Strips
- Tacos/ Burritos/ Tostados
- Chicken wings/legs/nuggets/ strips
- Egg Rolls
- Soups (in thermos)
- Bagels with Cream Cheese, Ham & Cheese, Tuna/Chicken/Egg Salad, Pimento Cheese
- Homemade Pizza (a slice of bread, English muffin or bagel, spaghetti sauce & cheese)
- Pasta (warm, in a thermos or cold) with Vegetables, Butter, Spaghetti Sauce or Chicken
- Yogurt, alone or with Fruit, Apple sauce
- String Cheese, sliced or cubed cheese
- Crackers, alone or with Cheese “sandwich style”
- Raw Vegetables; Carrots/Celery Sticks, Broccoli, Cauliflower with ranch dressing for dip
- Fruit: Sliced Grapes, Bananas, Strawberries, Orange/Apple Wedges, Kiwi, Peaches, Mangos
- Nutri-grain or granola bars
- Raisins, Cranberries, Apricots, Prunes (or other dried fruit)

Drink items: Water (preferred), milk (no extra flavoring such as chocolate or strawberry) sugar free lemon aide, etc. If you send fruit juice please read the label, some have high sugar content.

Please DO NOT send soda pop, candy, chocolate, jello, pudding (or any item with more than 13 grams of sugar), or food that requires heating up.

If you would like your child to eat a certain food warm please heat it up in the morning and send in a thermos. If you feel the food you send should be served chilled please freeze the night before or send an ice pack in the lunch box.

The snack menu is posted on the “Parent Information Board”.

If your child has food allergies or is a vegetarian, please notify us and plan to provide him/her with a snack on the day there is an item which he/she cannot eat.

LOST & FOUND

When your child loses something, please inquire with your classroom teacher and in the office. After a reasonable time, we will give all unmarked and unclaimed articles to charity. LHM is not responsible for lost or stolen items. Please mark all belongings and do not send valuables to school.

MESSAGES & TELEPHONE

Please check your parent folder (on front porch) on a daily basis for newsletters, messages from teachers and office correspondence. Please direct all telephone calls to the school at **263-9342**. The teachers will return telephone calls when they are not directly involved with the children. Only in cases of emergency will we notify teachers immediately. If no one answers the telephone, please leave a message and we will get back to you promptly.

PARENT – TEACHER CONFERENCES

Parent – Teacher Conferences are scheduled annually (February) or on an as needed basis. This time enables parents and teachers to discuss the child’s development and any concerns the parents may have. Usually these are in the form of informal meetings. Parents are welcome to request a conference at any time throughout the school year.

PARENT MEETINGS

LHM will host parenting workshops or parent pot luck dinners at various times throughout the year. We strongly encourage you to participate. The topics will be of interest to most parents (ex: positive discipline, Montessori philosophy, safety, raising healthy children, creating a stimulating environment at home, etc.) In addition to providing information to parents, it also encourages school spirit and unity among teachers, students, parents, and staff in order to provide the best education for your children

PARENT VOLUNTEERS

We invite parents to volunteer your time and talents to LHM. We are always in need of volunteers to help in many different areas and welcome your support. Please contact the Director to see how you can get involved.

REST TIME

All children who participate in the After School Program will be provided a “nap roll” (a mat, blanket and a small pillow) for rest time. Your child’s nap roll will be placed on a padded mat for rest time. These items will be sent home each Friday to be laundered and to returned to school the following Monday. These become your child’s personal property and may be taken when withdrawing from LHM. Please do not send stuffed animals or dolls or any item too large to fit inside the nap roll.

SCHOOL HOURS

LHM is open Monday through Friday from 7:30 am. to 6:00 pm (except holidays)

SCHOOL VISITS

Throughout the school year, prospective parents, teachers from other schools, relatives, and student teachers observe classes at LHM. Parents are also welcome to observe classes. Please schedule all observations with Lead Guide. Please do not enter classrooms unannounced or hold conferences with the faculty while the children are in the classroom.

SMALL SCHOOL ITEMS

We have many small items among our classroom materials here at school. Inevitably, some of these seem to find their way home with the children. Any work on our shelves, which are missing a piece, must be removed from the classroom until the missing piece can be replaced. Because many of our materials are purchased from Montessori suppliers throughout the country, this can sometimes take quite a while. Please help us to avoid the inconvenience of having to remove school work from the classroom by seeing that anything brought home from school is promptly returned.

SNOW DAYS

LHM follows the EANES I.S.D. (Valley View elementary) closing schedule. Listen to the radio or watch the television for school closing information (including early release).

SPECIAL PROGRAMS

Spanish: Primary students are taught Spanish weekly by a bilingual teacher. The instruction is geared to the developmental level of the class. The children learn beginning Spanish through songs, poems, stories, games, and movement activities.

Music: Music is an integral part of our curriculum at LHM. All children participate in musical activities daily in the classroom.

Physical Education: Children engage in a daily free play on the playground (weather permitting). LHM students have a wide variety of equipment to use for their large motor development as well as a large shaded playground.

After School Program: We offer an After School Program from 12:00 p.m. until 6:00 p.m. each day. LHM's After School Program teachers provide a supportive and caring environment for children. Children participate in art, Spanish lessons, athletic activities, music, cooking, cultural and science projects daily in addition to outdoor play.

Summer Camp: Lake Hills Montessori Summer Program extends through the months of June and July and 2 weeks in August. Adding to the Montessori environment, children participate in exciting activities such as art projects, nature studies, theatrical performances and water play. They also learn about the world around them through field trips or special guests that are scheduled for group presentations during the week. The objective of the summer program is to foster creativity, discovery, and friendship in a loving, supportive atmosphere.

STUDENT CLOTHING

The clothing worn by the children becomes a part of the classroom environment and has an effect on the ambiance. We ask that children dress within our dress code each day. These items are available at most department stores and on line with Lands End catalog (LHM emblems also avail through this catalog). Children should dress in clothing and shoes that they can put on and fasten for themselves; pullover shirts, elastic waistbands, Velcro sneakers, etc. For example; young children usually cannot manage the shoulder fasteners found on overalls, and belts can also be a difficult challenge. Please allow your child to test their clothing items at home.

Boys: Any solid colored shirt, long sleeved or short sleeved
Any solid colored pants or shorts
Closed toed shoes

Girls: Any solid colored shirt, long sleeved or short sleeved
Any solid colored dress, pants, jumper, skirt or shorts
Closed toed shoes

- * Please make sure your child has an extra set of clothes (including shoes) at school in case of accidents. Please label all belongings.**
- * Children should not wear or bring jewelry to school.**
- * Please no Crocs, light up (also; super hero characters, cleats, cartoons or brightly colored) tennis shoes, open toe sandals, no cowboy boots**

STUDENT RECORDS

We treat all information contained in a child's record as privileged and confidential. Records will be released to other educational institutions only with written consent from the child's parents. If parents wish to review their child's records, they may ask the Director.

TOYS & PERSONAL BELONGINGS

Please leave all toys, money, purses, belts, stickers, sunglasses, jewelry and hats in the car or at home. Even items left in the cubby can be a distraction, since when your child is in the classroom he/she may think about these items and may try to slip them into their pockets and bring into the classroom or playground. We do welcome books or other educational material for sharing. Please label all personal belongings. LHM is not responsible for the loss or damage of your child's personal property. Your child's "Special Day" in the Primary Classes, is posted on the calendar. Again, please encourage "educational" items- books, postcards, photos, found nature items, rather than toys, cars, trucks etc. On your child's special day you may fix a snack with your child to be shared with the class (please make this sugar free). This is to teach the concept of hosting therefore your child should actively participate in the preparation of the snack.

PHOTOS

On occasion your child may be photographed at LHM for advertising, classroom displays or parent gifts. If you do not wish your child to be photographed please let your child's teacher and LHM director know prior to his first day of school.

WEBSITE

LHM does have a website; www.lakehillsmontessori.com. On this website you will find links to helpful Montessori websites, bios on our wonderful staff, downloadable forms and calendars, etc. You are also encouraged to email the director; Sandra@lakehillsmontessori.com with any questions you may have (a link can be found on the website).

YOUR CHILD'S FIRST DAY AT LHM

You can help prepare your child for his/her first day of school by engaging in discussion with your child about his/her new classroom, new teacher, new friends, and all of the fun things that your child will do while at LHM. It is important that your child feel your trust that his/her day will be wonderful. He/she needs to know who will pick him/her up and when (i.e. "after nap daddy will pick you up") Kind words and words of reassurance almost always alleviate their fears. Please arrive between 7:30 a.m. and 8:15 a.m. on the first day.

After your child is greeted by the classroom teacher and welcomed into the classroom, please give your child a good-bye kiss and hug, then depart. It is our experience that children transition easier when the good-bye is kept brief. Although some children become very upset the first time that their parent leaves them at school, they usually settle down shortly after saying goodbye. Allow your child to enter the classroom independently, when help is needed please allow one of the staff to escort him/her into the classroom. Please feel free to call the Director throughout the day to see how your child is doing.

Children who are not yet potty trained should bring diapers or pull-ups, a box of wipes, and a change of clothes (in dress code). Primary children should bring a change of clothes (in dress code). As the seasons change, please remember to change out your child's spare clothing so that they are dressed appropriately for the weather. Again, please remember to label all items brought to school, including jackets.

Please let us know if we can help in your child's transition; we are always glad to aid in the process and assist newly adapting children with their entry into the environment. Please know most children tend to do just fine once they are inside. Your confidence is key and your child will eventually adopt your trust/confidence, this is a gift you can give to your child.